## STUNT TEAM INFO PACKET





STUNT is a new, competitive team sport that has derived from traditional cheerleading. STUNT removes the crowd and focuses on the technical and athletic components of cheer, which includes group stunts, pyramids, basket tosses, jumps and tumbling skills. Each contest consists of four quarters of play (Stunts, Pyramids & Tosses, Group Jumps & Tumbling, and Team Performance) with a halftime in between the second and third quarters. These elements are put together in short routines that both teams must perform head-to-head on the floor at the same time. The team that executes the skills best wins the round and the point, and has the opportunity to determine which of routine level will be called next.

### HOW IS STUNT DIFFERENT TO TRADITIONAL COMPETITIVE CHEERLEADING?

STUNT focuses on cheerleading technique, progressions, and on the athletes' strengths. Because the competition is broken into 4 quarters, this allows coaches to place kids based on where they will best excel.

## WHAT IS THE COST?

Because stunt teams do not wear traditional uniforms and competitions are head to head, the cost to participate is considerably cheaper than traditional competitive cheer and all-star cheer teams. Here is the financial obligation breakdown for the season (\*does not include cheer shoes or game fees / game fees are split amongst the entire team & you can expect to spend on average \$10-\$20 depending on size of team & cost of game fees):

	PRICE	CHARGE TYPE	DUE DATE
	\$135	December Tuition (3 weeks)	12/01/2023
	\$28	USA Cheer Membership	12/01/2023
	\$120	Uniform	12/01/2023
	\$180	January Tuition	01/01/2024
	\$180	February Tuition	02/01/2024
	\$180	March Tuition	03/01/2024
	\$180	April Tuition	04/01/2024
TOTAL =	\$1003	(*does not include shoes & game fees)	

## WHERE DO WE COMPETE?

Because events are head to head, our teams will travel to different cheer gyms in the state of Oklahoma. There will be no overnight stays, and currently, competitions will be held mostly in Tulsa County. We are currently working on the schedule and getting other gyms to participate.

## WHEN DOES THE SEASON START & END?

The season will start on December 5th and will conclude in April after the last game. Practices will be held on Tuesdays & Thursdays from 7:30pm-8:30pm.

We will have free STUNT team trial night on Tuesday, November 28th along with a parents meeting to answer any questions!!

#### Below is the practice schedule:

- ★ December = Tuesday & Thursday 7:30pm-8:30pm
- ★ January = Tuesday & Thursday 7:30pm-8:30pm
- ★ February = Tuesday & Thursday 7:30pm-8:30pm
- ★ March = Tuesday & Thursday 7:30pm-8:30pm
- ★ April = Tuesday & Thursday 7:30pm-8:30pm

# WHAT DO ATHLETES WEAR TO COMPETITIONS & PRACTICES?

Athletes will wear matching long sleeve dri-fit uniform top, spanx shorts, white cheer shoes, & matching styled ponytail to STUNT competitions. At practices athletes can wear any tank/ tshirt, shorts, cheer shoes, hair up away from the face, & no jewelry.

## WHO IS ELIGIBLE TO SIGN UP FOR STUNT?

We will be accepting a limited number of new & current SoCo athletes ages 8-11 years old (\*age as of June 1st, 2023). Any current All Star athletes who are not on financial assistance and/or has an updated account balance.

## HOW DO I SIGN UP TO JOIN THE STUNT TEAM?

**Step 1:** Create parent account for cheer at <u>southcountysports.com</u>

Step 2: Click "classes" & then change "session" to "STUNT 2023-2024"

Step 3: Click "enroll now", select a student, & then "continue enrollment"

Step 4: Click "add to cart" & then "proceed to checkout" to pay/ finish enrolling

#### **CLOSED DATES**

December 22nd - January 2nd: Closed for Winter Break

March 18th - 14th (2024): Closed for Spring Break