



PREP INFO PACKET

2025 - 2026



PREP TEAM TRYOUT INFORMATION

WHO SHOULD TRYOUT

- ★ Athletes who are interested in participating on an All Star prep team need to attend tryouts. Athletes should plan to attend the tryout date listed below (May 20th) if they are interested in being on a prep team for the next season.
- ★ If your athlete wants to be on an All Star tiny novice team, they do NOT need to attend tryouts. Tiny novice team athletes will simply sign up online to join the team.

PRE-TRYOUT CLINIC

SATURDAY, MAY 17TH	
1:00pm-2:00pm	Current + New Athletes Welcome to Attend!
2:00pm-3:00pm	(MANDATORY) Parent + Athlete Meeting

TRYOUT DATE

TUESDAY, MAY 20th
5:30pm-7:00pm

PREP TEAM TRYOUT ATTIRE

GIRLS:

- Athletic Top or Sports Bra
- Hair in Pony Tail & Pulled Back From Face
- Athletic Spanx/ Shorts
- Athletic Shoes
- No Jewelry

BOYS:

- Athletic Top
- Athletic Shoes
- Athletic Shorts
- No Jewelry

PREP TEAM TRYOUT PROCEDURE

BEFORE TRYOUTS:

1. Create a cheer parent portal account at www.southcountysports.com.
2. Use the portal to enroll your athlete for tryouts.
3. The \$40 tryout fee (per athlete) is due upon enrollment in order to complete the process of officially signing up for SoCo tryouts. You will also be asked to list your athlete's t-shirt size while enrolling online.
4. Attend the mandatory parent & athlete meeting on May 17th at 2:00pm.

DAY OF TRYOUTS:

1. You will need to arrive 15 minutes early before your tryout start time.
2. Upon arrival, you will check in with the office. The office will confirm that all necessary info & forms have been received.
3. Next, your athlete will be given a name tag & will be asked to take a headshot photo.

AFTER TRYOUTS:

1. You will receive your team placement via email on/before June 1st. The card on file will be charged the first month of tuition for the season on June 1st.
2. Practices will begin the week of June 9th..
3. We will have the practice wear fitting at the gym on June 9th and 10th. (*We will try-on & assign rental uniforms at a later date)

FINANCIAL OBLIGATION

All-Star competitive cheerleading requires a financial commitment, and it is very important you read and understand all obligations. We do our best to be good stewards of your money and strive to make this as affordable as possible. We also have a very active booster club to help you meet the financial demands of the sport.

TUITION + FEE POLICY

- ★ SoCo requires all primary account holders to keep a VALID stored payment method on file, which includes credit or debit card.
- ★ Payments will be automatically processed on the 1st of the month. If credit card is declined you will receive an email notifying you to update CC on file. If payment is not received by the morning of the 5th, a late charge of \$20 will be added to your account.
- ★ All tuition and fees must be current before an athlete may compete, practice, schedule privates, or collect any clothing, uniform or other items.
- ★ No refunds will be given for any reason. Any money you have already paid will remain on your SoCo account.
- ★ **If an athlete is injured, quits, or is dismissed from the program:**
 - **Any past due account charges must be paid in full.**
 - **SoCo will also charge your account the remaining pro-rated tuition. (*Please keep in mind that the fees are all broken down within the one year All Star commitment as shown below.)**
 - **If the competition bow/ makeup has been ordered, it will be the property of SoCo and will be used for your replacement.**

MONTHLY TUITION COST

	Prep Monthly Tuition	All Star Expenses Included in Monthly Tuition
JUNE	\$425	BOOSTER CLUB FEE
JULY	\$250	SOCO MEMBERSHIP FEE
AUGUST	\$250	PRACTICE WEAR SHIRT & BOW
SEPTEMBER	\$250	(1) VARSITY PRACTICE WEAR SET
OCTOBER	\$250	CHOREO / MUSIC
NOVEMBER	\$250	COMP. BOW
DECEMBER	\$250	COMP. ENTRY FEES
JANUARY	\$250	COACHES FEES
FEBRUARY	\$250	1 OPEN GYM PER WEEK
MARCH	\$250	
APRIL	\$250	
	\$2,925.00	
ADDITIONAL FEES NOT INCLUDED IN THE MONTHLY TUITION:	-Competition Uniform (new = approx. \$525) -Rental = (\$100-\$150) -USASF Membership (\$49)	

RENTAL UNIFORM

- ★ SoCo offers rental uniforms that you can borrow for the season.
- ★ Uniform rental cost = \$100-\$150 Depending on uniform we use and number on Prep team. We have a limited selection of uniforms & rent them out for the season on a 1st come 1st serve basis. (*Please note, that if we do not have a rental uniform in your athlete's size, you will have to purchase a new uniform.)
- ★ If you would prefer to purchase a brand new uniform that you can keep, please contact Krista at the SoCo office ASAP. It can take 10-12 weeks for a new uniform to arrive after ordering so we will want to get the new uniform ordered ASAP. The cost of a new uniform is approximately \$525.00

PRACTICES

- ★ The prep team will practice on Tuesdays & Thursdays from 5:30pm to 7:00pm. The prep team practices will begin on June 9th, 2025 & continue through April 2026..
- ★ The prep team will have optional open gym on Tuesdays from 7:00pm to 8:00pm.

IMPORTANT DATES

- ★ Prep teams will be competing in competitions beginning in November/December 2025 and continue through April 2026. We will have a finalized competition schedule sent out sometime during early fall. All prep teams will compete 4-5 times at 1 day competitions in the Tulsa & OKC area, and 1 possible out-of-state.

Mark your calendars for the following **MANDATORY** prep dates:

DATE	EVENT
May 17th, 2025	Pre-Tryout Clinic
May 17th, 2025	Mandatory Parent Meeting
May 20th, 2025	Prep All Star Athlete Team Tryouts
June 1st, 2025	Team Placements Email Reveal
June 9th, 2025	Team Practices Begin
June 13th, 2025	All Program Team Bonding at SoCo
July 1st, 2025	Deadline to Renew USASF Membership
August 4th - 8th, 2025	(MANDATORY) Full Routine Choreography

SoCo will be **CLOSED** on the following dates next season:

DATE	HOLIDAY
May 26th - 30th, 2025	Summer Break
June 30th - July 6th, 2025	Fourth of July
September 1st, 2025	Labor Day
October 31st, 2025	Halloween
November 26th - 30th, 2025	Thanksgiving
December 22nd, 2025- January 3rd, 2026	Winter Break
March 16th - 20th, 2026	Spring Break
April 5th, 2026	Easter
May 25th - 29th, 2026	Summer Break

WHAT TEAM IS RIGHT FOR ME?

NOVICE

For individuals who are new to All Star but ready for performance-based teams that are evaluated at events. Novice teams focus on strengthening technique and performance skills that help prepare athletes for competitive All Star teams. Novice teams do not have tryouts and will begin in September.

PREP

For individuals with tumbling experience who want to strengthen technique and performance skills in a competitive team atmosphere. Prep teams typically require less time and cost commitments than are required of All Star Elite teams.

ELITE

For individuals with strong cheer training & solid technical ability. Elite teams are comprised of athletes who are ready for highly competitive performance levels. Elite athletes choose competitive all star cheer as their main priority over other extracurricular activity.

	NOVICE	PREP	ELITE
ATHLETE AGE RANGE	Ages 4-7 (birth year = 2018-2022)	Ages 7-15 (birth year = 2010-2019)	Ages 6-19 (birth year = June 2006-2020)
LENGTH OF ROUTINE	1.5 min	2 min	2.5 min
YEARLY COMMITMENT	September - April	June - April	June - May
PRACTICE PER WEEK	2 times / 1 hour each	2 times / 1.5 hours each	3 times / 1.5 - 2.5 hours each
COST COMMITMENT	\$1,575	\$2,925	\$4,225
COMPETITION TRAVEL	Tulsa & OKC area only	Tulsa, OKC, & 1x out of state only	Nationwide
COMPETITION AWARDS	Rating system only	Scored against other teams	Scored against other teams

USASF MEMBERSHIP

- ★ USASF Membership Fee, \$49, must be paid in order to participate. If you have never cheered before as an All Star athlete, at any level, you must register upon accepting a role on a SoCo Intensity team.
- ★ Athletes MUST upload a birth certificate or passport to the USASF website.
- ★ If you are already an All Star athlete, at any level, or from another program, you must renew your USASF membership.
- ★ SoCo will email the link to renew/ create your athlete's USASF membership once team's have formed. There will be a tentative deadline to renew the USASF membership by July 1st.

PREP USASF AGE GRID

TEAM	AGES	BIRTH YEAR
MINI	AGES 7 - 9	2016 - 2019
YOUTH	AGES 8 - 12	2013 - 2018
JUNIOR	AGES 9 - 15	2010 - 2017